CLAIMS

What is claimed is:

- administering a therapeutic amount of a nitric oxide donor compound to a patient in need of neurogenesis promotion.
 - 2. A compound for promoting neurogenesis comprising an effective amount of a nitric exide donor sufficient to promote neurogenesis.
 - 3. A neurogenesis promoter comprising a nitric oxide donor in a pharmaceutically acceptable carrier.
 - 4. The neurogenesis promoter according to claim 3, wherein said nitric oxide donor augments nitric oxide in a tissue.
 - 5. The neurogenesis promoter according to claim 4, wherein said nitric oxide donor is selected from the group consisting essentially of phosphodiesterase inhibitors, and L-arginine.
 - 6. A method of augmenting the production of neurons by administering an effective amount of a nitric oxide donor to a site in need of augmentation.
 - 7. A method of increasing neurological function by administering an effective amount of a nitric oxide donor to a patient.
 - 8. A method of increasing cognitive and neurological function by administering an effective amount of a nitric oxide donor compound to a patient.

